



OC Gold Aquatics (GOLD) Code of Conduct Agreement

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By registering your swimmer with GOLD, you and your swimmer agree to the following:

- Respecting and show curtesy to teammates, staff and coaches at all times.
- Demonstrate good sportsmanship at all practices and meets.
- Set a good example of behavior and work ethic for teammates.
- Respectful of teammates' feelings and personal space. Swimmers who exhibit inappropriate behavior will be faced with consequences.
- Attend all team meetings and training sessions unless excused by coaches.
- Show respect for all facilities and other property used during practices, competitions and team activities.
- Refrain from foul language, violence, threats, behavior deemed dishonest, offensive or illegal.
- If you or your swimmer disagree with an official's call, discuss with the our coach and do not approach an official directly.
- Obey all of USA Swimming's rules and code of conduct.

If you or your swimmer violate this code of conduct, there shall be disciplinary action which is determined by our coaches and staff.